



USEFUL POINTS TO NOTE

It is important every member of the group feels relaxed, supported, safe; and has fun, while they attend Little Lambs.

Below are a few small and simple ground rules and registering each week is your agreement to follow these.

- Your child's safety, the way s/he plays and interacts is your responsibility so intervene if you can see rough play taking place.
- Listen graciously if a parent raises a concern about behaviour. Explore each other's points of view and remain friendly.
- Look after and encourage your children to look after the hall, the equipment and each other.
- We value your comments on the group, so please feel free to let us know if you have concerns or suggestions.

We welcome any questions you have about Back Free Church. Little Lambs is run by members of our congregation. Below you can find some information about some services and activities. You are most welcome to join us at any of these. More information is available via our church website.

Sunday Services

11.00am: Morning service in Church Hall (also Tong Mission House 1st & 3rd Sunday of each month)

11.00am: Morning service in Church (Gaelic)

Crèche facilities are available during our 11am services

12.30pm: **Sunday School** in the Church hall and in Tong for all children of school age up to S2

6.00pm: Evening service in Church

Children's Church takes place during term time in the church hall at **4:30pm** on the first Sunday of every month. This is a great opportunity for children, infants, babies, mums and dads to come together and learn about Jesus.

Bible Buddies youth club meets fortnightly during term time at Back Free Church Hall for children of primary school age. Each club includes games, crafts, songs, puppets and a devotional time where kids can have lots of fun and learn more about Jesus.

Monday P1-P3 **6.30pm - 7.30pm**
Tuesday P3-P7 **6.30pm - 8.00pm**



WELCOME

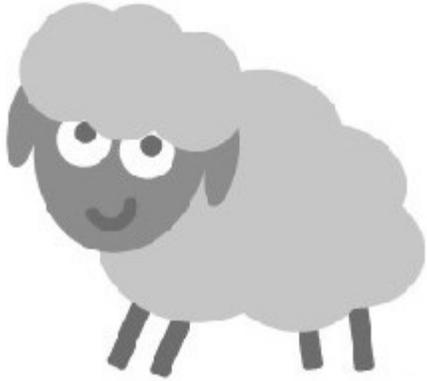
We're delighted you've joined us this afternoon. Please take this leaflet with you as it will tell you everything you need to know about the group.

Little Lambs runs **every Wednesday** during term time from 1pm- 2.45pm at Back Free Church Hall and is run on a voluntary basis.

Little Lambs is open to little ones from birth to preschool and the adult responsible for looking after them.

We also welcome mums to be, so it's bumps to preschool!





Our Vision

Toddler groups are often a lifeline to parents as they provide support, encouragement and friendship, as well as a safe place for pre-schoolers to make new friends and learn how to interact with others.

Our vision for Little Lambs is for it to be a welcoming, fun, engaging and enjoyable experience for all those who come along. We want everyone to enjoy being together!

Little Lambs is run by Back Free Church which is part of the Christian denomination of the Free Church of Scotland.

If you have any questions about this please feel free to ask or look online at www.backfreechurch.co.uk or www.freechurch.org

As we are a Christian Church there will be a Christian theme to certain activities we do, but we aim to be sensitive and respectful of different beliefs and cultures.

General Information

- You can leave your pram/ buggy in the designated buggy park inside the church hall. Coat hooks are available also.
- Upon arrival we ask that you sign the register on the table and also help our refreshment team by indicating if you would like tea or coffee at refreshment time.
- We ask for £1 per adult, therefore generally £1 per family by way of donation. If you feel unable to pay for whatever reason do not worry at all.
- Parents, Grandparents and Childminders are responsible for the child(ren) in their care **at all times** during the session.
- Refreshments, toys, crafts and nursery songs/ bible songs will be available at each session. Please sit with your child during the singing time and encourage them to join in. If you want to lead a song or two, just let us know! We are keen this is a true group activity.
- Toilets and baby changing facilities are available inside the church complex, if you forget something during a session please just ask.
- If your child(ren) develop any infectious illnesses such as vomiting, diarrhoea or chicken pox, it would be best if you speak to your health visitor or GP as to when it would be best to return to Little Lambs so as to reduce infection to others, especially babies and pregnant women.
- In the unlikely event of a fire, fire alarms will sound and the volunteer team will direct you to the fire exits and to the appropriate fire assembly point.
- A first aid box is located in the hall and an accident book. In the event of an accident volunteer leaders will advise of the group first aider.
- Relax, have fun and get to know each other!



Session outline

1.00pm Doors open

Toys, games and play areas will be set up and a quieter area for babies.

1.45pm Refreshment time

Drinks and a snack are available and served at a designated area.

2.00pm Playtime

Various play areas as well as a messy play area (playdoh/crafts).

2.30pm Singing time

We all gather together for a short time of singing.

2.45pm End of Session

See you next week!

Contact Us

Join the Little Lambs group on Facebook. Search "Little Lambs Toddler Group". If you need to you can private message a member of the volunteer team.



"He will tend his flock like a shepherd; he will gather the lambs in his arms; he will carry them in his bosom, and gently lead those that are with young." Isaiah 40:11